

Breaking Free

Matthew 5:27-30

Rev. Jerry Dudley

An affair is any activity or interest in which you are giving to it the time, energy and attention that rightfully belongs to your spouse.

I. The _____ about Addictions

- A. Addiction is a _____ problem
- B. Addiction is a _____ problem
- C. Addiction is a _____ problem
- D. Addiction is a _____ problem

II. The _____ of Addictions

- A. You should _____ from lust
- B. You should _____
- C. You should _____ – A weakened body is easily overcome
- D. You should _____ – Ecclesiastes 9:9

If you love your wife (or your life) you must destroy any addiction that has your heart. If you don't, it will destroy you.

TOOLS TO BREAKING FREE

1. Repent
2. Avoid exposure to temptation
3. Avoid isolated computer usage
4. Use Content Filters (*See our Website – Fireproofyourmarriage.com*)
5. Develop an accountability group
6. Talk with your spouse
7. Keep a journal of your failure & success
8. Don't put a computer in the children's bedroom
9. Monitor Cable/Satellite content

WHERE TO GO FOR HELP:

www.fbcstcharles.org

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Mid Rivers Mall 14 Cine**